

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Battered Chicken Chunks	Pasta Bolognaise	Roast Chicken Fillet	All Day Breakfast (Bacon, sausage, egg omelette, ½ bread slice)	Fish Fingers
Vegetarian Option	Southern Style Burger in Bread roll	Homemade Margherita (Cheese) Pizza Slice	Quorn Fillet	Veggie Breakfast Bap	Mac 'n' Cheese
Side Dish	Mini Potato Waffles	Crusty Bread Skin On Wedges	Stuffing Mashed Potato	Hash Brown	Chips Crusty Roll
Accompaniments	Sweetcorn Garden Peas Tomato Sauce	Rainbow Veg Choice of Salad	Cauliflower & Broccoli Baton Carrots Gravy	Baked Beans Button Mushrooms	Garden Peas Carrots Tomato Sauce
Salad Bar Selection And Bread Selection	Bread Slice Salad selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread slice Salad selection	Bread Slice Salad Selection
Dessert	Raspberry Ripple Ice-cream	Rice Pudding, Melba Sauce and Mini Biscuit	Homemade School Cake Custard.	Arctic Roll	Chocolate and Orange Brownie
Daily Selection	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt
Filled Jacket Potato	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings

All meals are freshly cooked in the school own kitchen, with fresh produce. St Mary's Academy Trust are looking forward to bringing catering back in-House to improve standards, taking control of the meals service to ultimately ensure that pupils are receiving the best food possible during the school day.

SMAT Autumn Term Menu, November - December 2023

DATES: 20/11/23, 04/12/23, 18/12/23

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Homemade Margherita or Pepperoni Pizza Slice	Beef Burger in a Bun	Roast Chicken	Oven Baked Pork Sausage	Fish Stars or Salmon Fishcake
Vegetarian Option	Meatballs in Tomato Sauce	Barbeque Noodles	Shepherdess Pie	Quorn Fillet	Katsu Dipper Naanwich
Side Dish	Mini Potato Waffles Pasta	Skin on Potato Wedges	Stuffing Mashed Potato	Yorkshire Pudding Mashed Potato	Chips Crusty Roll
Accompaniments	Baked Beans	Baton Carrots Garden Peas Tomato Sauce	Broccoli Baton Carrots Gravy	Savoy Cabbage Sweetcorn Gravy	Garden Peas / Mushy Peas Carrots Tomato Sauce
Salad Bar Selection And Bread Selection	Bread Slice Salad selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread slice Salad selection	Bread Slice Salad Selection
Dessert	Waffle & Ice Cream Fruit Sauce.	Cookie	Chocolate Sponge Chocolate Sauce	Crispy Cake	Lemon Drizzle Muffin
Daily Selection	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yogurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Funky Fruit Iced Yoghurt
Filled Jacket Potato	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings	Jacket Potato With Choice of Hot Or Cold Fillings

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