

25.1.21

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional meal of the day	Chicken curry, rice and a naan bread	Sausage, Yorkshire pudding and mashed potato	Cheese and tomato pizza with half of a jacket potato	Roast pork, stuffing and mashed potato	Jumbo fish finger in a roll with chips
Vegetarian option	Vegetarian Quorn taco	Quorn Fillet	Quiche	Quorn & vegetable pie	Cheesy Pasta
Accompaniments	Green beans and sweetcorn	Carrots, green cabbage and gravy	Baked beans Coleslaw	Broccoli, baton carrots and gravy	Mushy or garden peas, crudités and tomato sauce
Second course	Raspberry fruit muffin	Chocolate sponge	Apple and banana cake	Gingerbread Biscuit	Funky fruit Friday
Daily selection	Fresh fruit selection or yoghurt pouch	Fresh fruit selection	Fresh fruit selection or yoghurt	Fresh fruit selection	Funky fruit Friday
Filled jacket potato	Chicken curry Cheese baked beans	Quorn savoury mince Tuna mayonnaise Cheese	Baked beans Tuna mayonnaise Coleslaw	Cheese Tuna mayonnaise	Baked beans Coleslaw

All meals are freshly cooked at the school. All meat is fresh and UK sourced from farms within the region. A selection of wholemeal and best of both bread available daily. With the exception of chips, our food is cooked using oven baking and steaming methods. Where requested by schools an alternative to beef is available. Water is available each day. We use seasonal fruits & vegetables.

W/C 18.1.21

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional meal of the day	Ratatouille ravioli in homemade tomato sauce with crusty roll	Roast chicken fillet, stuffing and mashed potato	HM Meat pie with HM Wedges	Big breakfast (Bacon, sausage, hash brown, scrambled egg, ½ bread slice)	Fish fingers/salmon fish fingers and chips
Vegetarian option	Southern Style Burger in a bread roll with HM wedges	Quorn cottage pie	Calzone served with salad	Quorn sausage	Katsu Dipper Naanwich
Accompaniments	Broccoli & mixed vegetables	Swede & carrot mix, cabbage and gravy	Carrots, mushy peas	Baked beans and mushrooms	Garden Peas, sweetcorn, tomato Sauce
Second course	Small cookie	Chocolate orange brownie	Fruit flapjack	Jam, lemon, apple or Pineapple shortcake	Funky fruit Friday
Daily selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection or yoghurt pouch	Fresh fruit selection or yoghurt	Funky fruit Friday
Filled jacket potato	Baked beans Cheese	Tuna mayonnaise Coleslaw Cheese	Bolognaise Tuna mayonnaise Cheese	Baked beans Cheese	Baked beans Cheese Tuna Mayonnaise

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